“BOREDOM BUSTERS”

“ARTS and CRAFTS”

1. Use [plasticine or colored modelling clay to create 3D pictures](https://childhood101.com/2014/03/art-for-kids-modelling-clay-pictures/).

2. Be really brave and let the children [decorate their own floor rug](https://childhood101.com/2014/06/art-projects-for-kids-rug-painting/) for the playroom or their bedroom.

3. Combining stickers with any activity is always a hit with toddlers and preschoolers!  [sticker drawing activity](https://childhood101.com/2014/03/art-for-kids-sticker-drawings/)

4. Make your own [Soap Crayons](https://childhood101.com/2013/05/making-soap-crayons-recipe/) together for creative fun come bath time.

50 Ideas (listed below) to get you through the summer plus a handy planner 😊

From: <https://childhood101.com/boredom-busters-preschool-activity-ideas/>

Planner: <https://drive.google.com/file/d/0B3ondZPpW1RRQ0VlWVJ4Y1g1QzQ/edit>

5. Have fun [painting with ice](https://childhood101.com/2013/10/creating-with-ink-ice-paint/). Add permanent markers to include bigger kids in the fun.

6. Trace around your body on a BIG piece of paper and dress up your body outline – [here are five ideas](https://childhood101.com/2011/11/kids-art-5-ways-with-body-outlines/) to get you started.

7. Have you ever been on a [threading hunt](https://childhood101.com/2011/10/fine-motor-activities-for-preschoolers-threading/)? Use the things you find to make a sparkling mobile to hang in your garden.

8. Create an extra special [work of art on canvas](https://childhood101.com/2011/07/kids-art-working-on-canvas/).

“COOKING”

9. [Baking Jam Tarts](https://childhood101.com/2014/06/cooking-with-kids-baking-jam-tarts/) introduces children to all sorts of great processes in the kitchen.

10. Host a tea party with these [Peaches and Cream Muffins](https://childhood101.com/2012/03/easy-things-to-bake-with-kids-peaches-and-cream-mini-muffins/) as the star of the show.

11. [Make lemonade together](https://childhood101.com/2013/10/easy-homemade-lemonade-recipe-cooking-with-kids/) (with this fabulous recipe that the kids will love) to sell to the family in your very own lemonade stand.

12. Enjoy a history lesson as you bake an Australian classic – [Anzac biscuits](https://childhood101.com/2012/01/easy-things-to-bake-with-kids-anzac-cookies/).

13. Dress up a bowl of home popped popcorn with [these flavoring ideas](http://www.littleecofootprints.com/2013/09/perfect-popcorn-three-popcorn-recipes.html) from Little Eco Footprints.

“INSIDE FUN”  **BONUS FUN!** Check out these [NEW ideas for playing with Duplo](https://childhood101.com/2014/03/duplo-block-activities/) (or Lego).

19. Create a fabulous pretend play space – we have [21 easy-to-make fun play space ideas](https://childhood101.com/2014/06/pretend-play-spaces-imaginative-play/) to get you started!

20. Find a fun new way to play with your toy cars – [here are six fabulous suggestions](https://childhood101.com/2013/08/6-ways-to-play-with-toy-cars/).

21. Make each other laugh with these [silly sentence chatterboxes](https://childhood101.com/2014/05/silly-sentence-chatterboxes-for-beginning-readers/).

22. Make a [set of puppets](https://childhood101.com/2011/11/puppet-fun-making-and-playing-with-puppets/) and put on a show.

23. Learn a new song, make up a new dance or try [the plate dance](https://childhood101.com/2009/08/a-musical-innovation/)!

24. Learn a new skill with these [fun ideas for sewing with kids](https://childhood101.com/2014/01/sewing-projects-for-kids/).

25. Have a laugh as you make new shapes with your body with these [printable body shape cards](https://childhood101.com/2012/02/making-body-shapes-with-printable-body-shape-cards/).

26. Fill a tub with some [lovely smelling sensory rice fun](https://childhood101.com/2013/09/sensory-play-with-rosemary-rice/) for hours of filling and pouring and measuring fun.

27. [Make a cave](https://childhood101.com/2013/10/our-dino-world-play-scene/) for your toy dinosaurs or wild animals.

28. Make a [simple letterbox](https://childhood101.com/2011/06/literacy-spot-22-playing-postman/) for each member of your family and have fun writing each other letters and [love notes](https://childhood101.com/2011/02/literacy-spot-6-messages-of-love/).

29. Listen to your [favorite story as an audio story](https://childhood101.com/2011/08/literacy-spot-34-audio-stories/).

30. Build with your [favorite blocks or other construction material and then draw what you’ve built](https://childhood101.com/2011/03/literacy-spot-12-literacy-in-the-block-corner/). See if Mum or Dad can re-build your creation using your instructions.

31. Create an [indoor obstacle course](https://childhood101.com/2011/06/getting-little-bodies-moving-when-its-too-cold-or-hot-outdoors/) or try one of these other fun ideas for movement play when it’s too hot or cold to be outdoors.

32. [Make a fort](http://taylormade96.blogspot.com.au/2011/01/christmas-gifts.html) and hide out in it with a torch and your favorite toys.

14. Buzz up a batch of [banana soft serve](https://childhood101.com/2013/04/soft-serve-for-breakfast-with-bananas-why-not/) – you won’t believe how easy it is!

15. Get rolling with these tasty [Date & Coconut Balls](https://childhood101.com/2014/01/kids-lunch-box-idea-date-balls/).

16. Make a treat to share with friends with this easy peasy recipe for [Chocolate Crackles](https://childhood101.com/2013/12/cooking-with-kids-chocolate-crackles/).

17. Whip up a batch of [5 cup scones](http://www.katesaysstuff.com/2011/04/cooking-with-kids-5-cup-scones.html) with Kate Says Stuff.

18. Make a batch of [homemade playdough](https://childhood101.com/2012/01/playdough-recipe/) for hours and hours of playful fun!

**BONUS FUN!** Here are [10 more easy things to cook with kids](https://childhood101.com/2010/08/ten-easy-things-to-cook-with-kids/)!

“FAMILY FUN”

46. [Cook dinner together](https://childhood101.com/2013/05/kids-cooking-family-cottage-pie-recipe/) as a family.

47. Invite the birds to visit by [making a birdbath](https://childhood101.com/2013/04/family-weekend-project-how-to-make-a-bird-bath/) for your garden.

48. Plant out a [vegetable garden](https://childhood101.com/2012/10/springtime-gardening-growing-vegetables-in-your-backyard/), [herb garden](https://childhood101.com/2010/08/spring-is-almost-here-start-a-childrens-herb-garden-dont-be-scared/) or a [child friendly garden bed](https://childhood101.com/2012/10/planning-a-playful-garden-plants-that-are-perfect-for-play/) or two.

49. Have a family movie night – here are [10 nature inspired family movies](https://childhood101.com/2014/03/family-movies/) to choose from.

50. Make plans for a [family adventure](https://childhood101.com/2011/04/weekends-are-for-adventure/) with these ideas for moving beyond your backyard or local neighborhood.

“PLACES to VISIT”

41. [Visit somewhere new](https://childhood101.com/2014/02/our-family-memory-bank-2-visit-somewhere-new/) – it might just be a new-to-you playground/park/ beach or it might be somewhere you’ve been meaning to visit for a long time.

42. Head to the [zoo on a zoo hunt](https://childhood101.com/2013/09/fun-literacy-activities-for-kids/)!

43. Visit a [local farmer’s market.](https://childhood101.com/2009/07/once-upon-a-sunny-sunday-morning/)

44. Have fun exploring an [art gallery.](http://beafunmum.com/2013/07/9-tips-for-visiting-an-art-gallery-with-kids/)

45. Plan to hit the road for the day- [family road trip](https://childhood101.com/?s=%22road+trip%22)- to somewhere not-so-far-away.

**“OUTSIDE FUN” BONUS FUN!** Here are [101 more ideas for playing outdoors](https://childhood101.com/2014/03/101-ways-to-play-outdoors-printable-poster/)!

33. Have fun [washing your favorite figurines, toy cars or baby dolls](https://childhood101.com/2010/04/good-clean-fun/).

34. Choose one of these [ten fun ways to play in your sandpit](https://childhood101.com/2011/10/mudpies-magpies-10-super-sandpit-ideas/).

35. Sneak in a little math learning as you [Dig for Buried Treasure](https://childhood101.com/2014/06/numeracy-math-games-for-kids/)!

36. Choose a spot outdoors and make it over with this [easy-to-make colorful chalk paint](https://childhood101.com/2014/05/how-to-make-chalk-paint/).

37. Gather some friends and learn a new game – like [Duck, Duck, Goose](https://childhood101.com/2014/05/games-for-kids-how-to-play-duck-duck-goose/)!

38. Start a [nature journal](https://childhood101.com/2013/12/nature-journals-for-beginning-writers/).

39. Raid the garden for supplies for your very own [magic potion](https://childhood101.com/2014/05/math-games-measurement/)!

40. Be brave and make your very own [mud play space.](https://childhood101.com/2013/04/creating-a-mud-garden/)