## GRADE 1 GAMES UNIT PREPARATION

## CATCHING CHECKLIST

Please circle the item that you used to throw with:


## Other

After completing the catches, please fill in below. Use the checklist to guide you. Have as many turns as you like and record your best attempt

| Single person | Single person | Single person | Two people/wall | Two people/wall |
| :--- | :---: | :---: | :---: | :---: |
| How many catches <br> in a row with two <br> hands throwing ball <br> straight up in the air | How many catches <br> in a row throwing <br> from one hand to <br> the other throwing <br> the ball straight in <br> the air | How many catches <br> in a row juggling <br> two balls/socks | How many catches <br> in a row from a <br> partner or <br> rebounding off the <br> wall with two hands | How many catches <br> in a row from a <br> partner or <br> rebounding off the <br> wall with one hand |
|  |  |  |  |  |

